

## **Finding Veggie Burgers**



Wood Ranch Veggie Burger (courtesy photo)

Veggie burgers have come a long way since their advent back in 1982. Now merely indistinguishable from its meat predecessor, the veggie burger has made its way onto menus across the U.S., making them a staple food option for vegetarians everywhere to enjoy when they have a burger hankering. It's time to celebrate National Veggie Burger Day on June 5<sup>th</sup>, so stop by these top San Diego eateries slinging unbeatable veggie burgers for the city's foodies to enjoy!

Fig Tree Café is the idyllic spot to enjoy charming garden-style vibes matched with fresh ingredients, so be sure to make your next veggie burger run to one of its three locations in Hillcrest, Liberty Station and Pacific Beach. Delight in their **Housemade Black Bean Burger**, crafted from mixed greens, tomatoes, avocado and spicy balsamic aioli. A scrumptious blend of ingredients that are sure to leave you satisfied, this veggie burger aims to please.

If a trip to the Gaslamp Quarter is on your docket this National Veggie Burger Day, stop by <u>barleymash</u>, a trendy eatery perched along the energetic district and slinging tasty bites. Sink your teeth into their **House Made Quinoa & Black Bean Veggie Burger**, stacked with pepper jack, baby greens, tomato, cucumber, pickled onion and ale aioli, for a toothsome blend of flavors to suit any discerning palate seeking a veggie burger fix!

For something flavorsome and unique, head to <u>Nautilus Tavern</u> in La Jolla, and enjoy coastal vibes paired with modern American cuisine. Dive into their **Munster Veggie** burger, packed with house black bean patty, basil hummus spread, baby spinach, fajita veggies, grilled portobello mushroom, sliced avocado and a drizzle of sun-dried tomato pesto on a warm brioche bun. A hearty option that melds a variety of vegetal and unique flavor combinations, this burger is the perfect way to celebrate the almighty veggie burger.

Known for their unbeatable sauces and seasonings, <u>Wood Ranch</u> in Mission Valley has become a San Diego go-to for barbecue and loaded sandwiches. With no shortage of creativity on their menu, this foodie haven has honed their own**House-Made Veggie Burger**, infused with their own house recipe and topped with avocado on a toasted wheat bun. If flavor is what you seek, this local gem is the place for you on National Veggie Burger Day! If beach house vibes are more your thing, look no further than <u>Maverick's Beach</u> <u>Club</u> in Pacific Beach. Take a seat in their coastally chic atmosphere and treat yourself to their **Veggie** burger, a delicious melding of pepper jack cheese, lettuce, tomato, onion and chipotle aioli all piled on a veggie burger patty. Pair this with one of the location's beachy cocktails to wash it all down!

Veg out this National Veggie Burger Day, and get your hands on some of the best veg burgers this fine city has to offer!