

The San Diego Union-Tribune

Wings, cheesecake and ice cream sandwiches, oh my!



barleymash's chicken wings are served with your choice of sauces, or just plain.
(Gabriela Lingenfelder)

National Chicken Wing Day is Saturday

barleymash is serving a shareable basket of oven roasted beer-brined chicken wings served with your choice of whiskey-buffalo, mango-mojito chili, bourbon-BBQ, teriyaki, or just plain naked. If you want more heat, try the habañero jelly. 600 Fifth Ave., downtown San Diego. (619) 255-7373 or barleymash.com

Sandbar Sports Bar & Grill is offering its crispy natural wings served five different ways, including buffalo style, sriracha garlic, spicy barbecue, sweet chili or Jose's spicy garlic-ranch. 718 Ventura Place, San Diego. (858) 488-1274 or sandbarsportsgrill.com



Jerk Rubbed Chicken at Miss B's Coconut Club. (Courtesy photo)

Miss B's Coconut Club is serving jerk rubbed chicken wings served with your choice of two house sauces on the side, or tossed. Flavors include roasted garlic cilantro aioli, Caribbean rum barbecue, chimichurri and jerk blue cheese. 3704 Mission Blvd., San Diego. (858) 381-0855.

True North Tavern's wings are natural free-range and served with celery, carrots and blue cheese. Diners have the option to choose from seven different sauces, or just plain. 3815 30th St., San Diego. (619) 291-3815 or truenorthtavern.com



Brazen BBQ's smoked wings. (Courtesy photo)

Brazen BBQ Smokehouse & Bar pitmaster John Bracamonte offers his famous smoked wings, served with your choice of dry rub, buffalo sauce or barn burner sauce. 441 Washington St., San Diego. (619) 816-1990 or brazenbbq.com

The Duck Dive's chicken wings are double fried in duck fat, charred with adobo sauce and served with a side of ranch mole, or have them tossed in house-made Frank's RedHot Buffalo Wing Sauce. 4650 Mission Blvd., San Diego. (858) 273-3825 or theduckdive.com